

The Child and Family Health Service offers free community-based health and support services, including routine tracking a child's growth and assessing developmental progress, including gross and fine motor skills, speech and language, and social and emotional development.

The service provides support and information for the following:

- Sleep and settling
- Antenatal and postnatal breastfeeding support
- Development and behaviour
- Infant and child feeding/ introduction of solids
- Parental/carer wellbeing

Referrals can also be made to other services as required.

Services may be offered in the home, on video telehealth or in any of the 13 Community Child Health clinics across the Gold Coast.

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