

Daily Specials

Monday – Sushi Assorted	\$3.80
Tuesday – Sushi Assorted	\$3.80
Wednesday – Pizza V & GF	from \$5.00
(Cheese, Hawaiian & BBQ Chicken)	
Thursday – Kebabs	\$9.00
(Doner) Pulled Beef or Chicken cheese/ salad	

Fresh Morning Bake's

8:30am – 9:00am

Choc Chip Muffins HM (Sugar free)	Sm .50c/\$1.Lg
Cheese Twisters HM	\$1.20
Ham/ Cheese Twisters	\$2.00
Watermelon Sticks	\$2.50
Honey Porridge	\$2.50
Yoghurt Berry & Granola Cup HM	\$3.50

Sushi – Monday & Tuesday Only

Avocado GF
Tuna & Mayo
Tuna & Avocado GF
Teriyaki Chicken



COMMENCES Tuesday 19th April, 2022.

Tuck Shop

Monday – Friday

8:30am – 2:00pm

Term 2

ORDER ONLINE

Register at

www.flexischools.com.au

Online ordering strictly closes at 9am.

Contacts

Tuck Shop Convenor – Rebecca Profilio

Uniform Convenor – Kim Sherwood

Email – miamisstuckshop@gmail.com

Birthday Buckets \$15.00



Icy poles for the class in a birthday bucket & balloon

Snacks

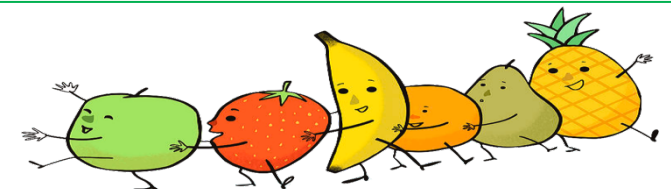
Honey Joys	.50c
Apple or Orange slices	.70c
Popcorn	\$1.00
Grape Cones	\$1.50
Hard Boiled Egg	\$1.00
Yoghurt Frogs (Bag)	\$2.00
Cheese & Crackers Pkt	\$2.00
Custard Cup	\$2.00
Apple & Custard cup	\$2.00
Rice Crackers Vegan & GF.	\$2.00
Sunbite Snacks Vegan & GF	\$2.00
Seasonal Fruit Salad Vegan & GF	\$3.00
Vegtastic Dip Cup – Carrot & cucumber sticks	\$2.50
with French onion dip	
Mezze Cup – Carrot, cucumber & cheese sticks	\$3.50
With lavosh crackers & French onion dip	

Uniform Shop

located in the hall

Tuesday's, Thursday's & Friday's

8am – 9am



Hot Food

Corn K Cups (Lightly salted & butter)	\$2.00
Beef Lasagne (Add Salad \$3.00)	\$7.00
Penne Bolognaise HM GF	\$5.00
Fried Rice GF	\$4.50
Charcoal Bao Bun Duo (2) sweet chilli chicken	\$6.00
Butter Chicken on Jasmine Rice	\$6.00
Beef Burger	\$6.00
Crumbed Chicken Burger	\$6.00
Vegetarian Burger V	\$5.50
Ham/ Cheese Toastie	\$5.00
Cheese Toastie V	\$4.00
Quesadilla – Ham & cheese Half \$2.50 / Whole \$4.00	
Garlic Bread V – Mini whole ciabatta	\$2.50
Corn Cob V & GF	\$1.00

Salads

Garden Salad	\$5.00
Caesar Salad	\$4.50
Mushroom W. Capsicum, Zucchini & Salad	\$7.00
Extra's from	.50c to \$1.00
Add Tuna	\$2.00
Add Grilled chicken breast	\$3.00

Vegan – Daily Choices

Home Made Cheesy Pizza or Quesadilla	\$4.50
Vegetable Bake	\$4.50
Cheese/ Mayo Wrap	\$4.50
Primavera Pasta	\$5.00
Sausage Roll (Plant Based)	\$4.00

Frozen

Slushy	\$2.50
Lick's Frozen Juice Berry or Mango	\$2.00
Moosies (Choc, Strawb, Blue, Banana & Lime)	\$2.00
Quelch Stick	.50c
Pineapple .50c / Orange Smile .30c	

Sandwiches (Add .50c Wraps/ Rolls & GF)

Sandwiches- Honey, Jam or Vegemite.	\$2.50
Cheese Sandwich	\$3.00
Ham Sandwich	\$3.50
Egg & Lettuce	\$4.00
Salad Sandwich	\$4.50
Add Ham	\$1.00
Add Tuna	\$2.00
Add Grilled chicken breast	\$3.00

Drinks

Bottled Water	\$2.00
Plain Milk 200ml Bottle	\$2.00
Fruit Juice Popper	\$2.00
Choc (SF) Milk 200ml Cups	\$2.00
Juice Bomb – Assorted Sparkling Juices	\$2.50
Glee Sparkling Juice – Sour Lime	\$2.50
Sparkling Mineral waters (Lite)	\$3.50
Gatorade (sugar free)	\$4.00
Sipso Coconut water	\$4.00
Hot Choc	\$2.50

